

# Frank Turner, Do One

Some people are just going to hate you  
No matter what you do  
So don't waste your time trying to change their minds  
Just be a better you

It took me years to learn this  
(More than I'd like to admit)  
But through my ups and downs I figured one thing out:  
Don't take anyone's shit

I'm still standing up and there's nothing you can do  
I'm still standing up

Some people will search for your weaknesses  
They'll go to any lengths  
But if you find them first you can take that hurt  
And turn it into a strength  
And you'll wonder why they're so unkind  
And how they sleep at night  
But that simple fact means you're better than that  
I think you're going to be alright

I'm still standing up and there's nothing you can do  
I'm still standing up  
I'm still standing up and there's nothing you can do  
I'm still standing up

So which path to choose?  
The one less travelled or the one more used?  
All the sticks and stones, all the broken bones  
It's not who you are, it's the things you choose to do

I'm still standing up and there's nothing you can do  
I'm still standing up  
I'm still standing up and there's nothing you can do  
I'm still standing up