

Lagwagon, Mama Said Knock One Out

[LL Cool J cover]

Don't call it a movement, there's other ways of saying it

Call it brown table and i'm playin' it down

Make it round even a wear account

Fat amounts

Blazin', appraisin

People are very unordinary (I have no idea)

Every nation a backin'on out

Come on everybody let me hear you shout

I'm gonna back on out

My momma said back on out

Smokin' it ain't stoppin

It's coming down and this melt is rockin'

Rain my mother ate draino, mt. st. helen

A volcano, burnin' like hot lava

I got the runs cause I drink too much java

Ouch that sensation

I got the runs I got constipation

[Chorus]