

# Lewis Capaldi, A Cure For Minds Unwell

Waking up too early  
Static on the TV  
Dressed in all the clothes I had on  
When yesterday decided  
I didn't need to fight with the hours and the seconds no more  
Doing all the things that I'm supposed to  
Working everyday the way that most do  
Smiling while I'm hiding what I'm going through  
But you know, you know, you know

That if I'm being honest  
I couldn't tell you this is all I wanted  
I struggle sleeping 'cos the house feels haunted  
Filled with the shadows of regret  
and the things I should have said  
To the ones I laid to rest  
and lately, I'm terrified that all my youth is fading  
man, growing old is so excruciating  
is there a cure for minds unwell  
'cos my heads a living hell  
If I'm honest with myself

Stumble as I'm leaving  
One foot takes the lead  
Second seems to struggle to find  
A solitary reason to continue seeking  
Any use in walking this line

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Working every day the way that most do  
Smiling while I'm hiding what I'm going through  
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If I'm honest with myself  
So how am I supposed to see an end  
To my all consuming constant fear and dread  
When I can't even seem to make it out of bed

Yeah if I'm being honest  
I couldn't tell you this is all I wanted  
I struggle sleeping 'cos the house feels haunted  
Filled with the shadows of regret  
and the things I should have said  
To the ones I laid to rest  
and lately, I'm terrified that all my youth is fading  
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