The Abs, Great Heart Still

You're held in a constricting hand Whose shape you take, placid as sand No chance to slip between the fingers You can see Your time it came and quickly went You bought a stale predicament With a currency of squandered opportunity

You're only young once, I was anyway Blind allegiances betray Future aspirations undefined You're more or less content, we hear Which one it is aint quite so clear The options are to be proud or resigned

You bypassed valuable experience Upon a vehicle of convenience You chose a heavy load Halfway down the road You choke upon the dust All four cylinders fire out behind me

I can't see you justifying Relinquishing these precious years You doused the flame It's just the same As seeing a horror film That shows a monster far too early on