## The Alarm, Breaking Point

Do you wake up in the middle of the night Find your eyes are on full beam Totally wired Sweat stains and troubled dreams Your throat is burnin' dry Caught in your worst nightmare You cannot deny

And now you've become
What you said you'd never become
Hate yourself for all the things you've never done
You tell yourself you're too old
I know you're still young
You're wanting to scream
You still hold your tongue

Whoohoo, whoohoo You're at the breaking point Whoohoo, whoohoo Just one step away Whoohoo, whoohoo You're at the breaking point Whoohoo, whoohoo

And in the morning
Do you remember the night?
Put on dark sunglasses to shut out the light
Shut out the pain
Shut out the red in your eyes you hide
Everytime you look in the mirror
How do you live with your life?

Whoohoo, whoohoo You're at the breaking point Whoohoo, whoohoo Just one step away Whoohoo, whoohoo You're at the breaking point Whoohoo, whoohoo

Whoohoo, whoohoo You're at the breaking point Whoohoo, whoohoo One step, one step away Whoohoo, whoohoo You're at the breaking point Whoohoo, whoohoo